

RARPA tasks



Employability tasks

- 1. Find a job to do in your house. It might be emptying the dishwasher or tidying your bedroom. Try to complete it, even if it is boring. How do you feel once it has been completed?**

- ## 2. Can you follow a set of instructions?

Ask someone in your home for instructions to complete a simple task. Can you follow them? How easy were they to follow?

Community Independence tasks



- ## 1. How do you recycle in your house?

Can you organise the recycling in your house and help to put it out ready to be collected?

Why is it important to recycle our rubbish?

PSHE tasks

1. How are you exercising and keeping fit at the moment?

Keep a weekly log of any walks, bike rides or other exercise you are doing. Take some photos if you can.

Can you add up the total of each session to make a total?



Don't forget to take photos if you can! Send your work to your tutor when you're done.