

Using a knife safely to chop things

Confident frying foods in a frying pan

Knowing and cooking basic dishes

Setting the temperature on the oven

Ensuring good hygiene in the kitchen

Clearing up after myself (washing up/tidying up)

In the Kitchen



Measuring liquids accurately

Reading, understanding & using a recipe

Cracking eggs

Feeling confident buying shopping

Being confident about my abilities in the kitchen

Taking items in and out of the oven safely

Knowing how to store food safely in the fridge

Using scales to weigh ingredients accurately