

Meal Deal

Complete the 'Main' task if you can. **Try** the 'More' task. If you want, then **have a go** at the 'Challenge' task.



Today's 'Meal Deal' – Buy one savoury dish and get the sweet dish free!

Main: **Look** in your cupboards and fridge / freezer and see what food you have.

Write down (or draw) some of the savoury foods.

Write down (or draw) some of the sweet foods.

More: **Decide** which of these foods you could use to invent your 'Meal Deal' – you might end up inventing strange meals, but that's fine!

Write down what savoury dish you can invent.

Write down what sweet dish you can invent.

Challenge: **Think** about whether your 'Meal Deal' would be healthy.

Write down why you think it would be, or why you think it wouldn't be.

All done! **Send it in** and tell yourself well done! 😊

